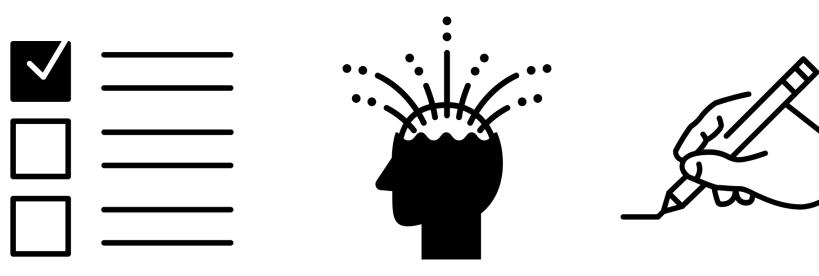
Getting Organized in the New Year

Sarah Prosory, Instructional Designer School of Life Sciences





About me...



Created by ArtWorkLeaf from Noun Project Created by Andrew Doane from Noun Project Created by Blair Adams from Noun Project

Agenda

- 1. What is organized?
- 2. Format
- 3. Process
- 4. Resources

Objective

At the end of the presentation, you will have discovered an organizational format or process to try out for the new year.

What does it mean to be organized?



- What does being organized mean to you?
- A. Tasks
- B. Calendar / schedule
- C. Note-taking
- D. Tracking (projects, goals)
- E. All of the above
- F. Other?

Tasks - Calendar - Notes-Tracking

What format do you use?

Format

- 8x10 or 5x7?
- Spiral, disc, or bound?
- Lined, dotted, or grid?
- Daily, weekly, or monthly?
- Digital or paper?
- Professional or personal?





What do you prefer?

• writing it down or typing it?

• digital or paper or both?

Find the process that works for

you



Have you heard of Bullet Journaling or Kanban?

Note-taking, star indicates action.



Take notes, keep forever in files.



"Note-taking: Cornell Method" by mattcornock is licensed under CC BY-NC 2.0 "Removing Paper Files From Box" by Whitefields Document Storage is licensed under CC BY 2.0

Endless task list, needed to arrange for priority.



Photo by Glenn Carstens-Peters on Unsplash

Kanban method with post-it tasks.

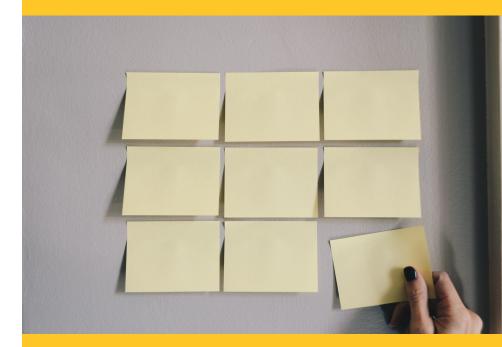


Photo by Kelly Sikkema on Unsplash

Bullet Journal method with symbols and tracking.



I've gone digital. iPad Pro with Pencil. **GoodNotes 5** app.



Photo by Plush Design Studio on Unsplash



What organizational format or process do you want to try this year?

Grab a post-it and write it down!

References & Resources

- Bullet Journaling <u>https://bulletjournal.com/</u>
- Kan Ban

https://kanbanize.com/kanban-resources/getting-started/what-is-kanban/

- Facebook:
 - Bullet Journal Junkies group
 - Minimalist Bullet Journals
- Instagram
 - #digitalbujo

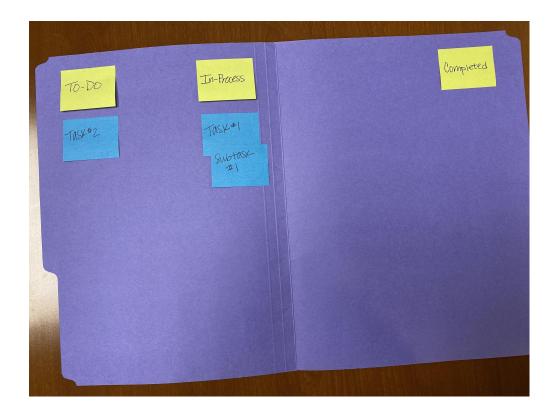
Thanks!



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Appendix

Images from my organizational system as it evolved!





Appendix

Images from my organizational system as it evolved!

Digital Daily Page

	indohoge & Trai x Work Notes x Global Advocator x Professional David
WEDNESDAY Y22	
• 10am appointment	D Dutline presentation I revise schedule I Follow-up about meeting
• 2:30pm Multing	

Digital Schedule Notebook

