

## Resources from Jillian McManus re: Managing Transitions

- **“Embracing Unexpected Change” (14 minute video)**

Browse ASU Career EDGE, this course and many similar topics are available through our LinkedIn Learning contract.

- **Managing Transitions, 25th anniversary edition: Making the Most of Change Paperback – January 10, 2017**

by [William Bridges](#) (Author), [Susan Bridges](#) (Author)

- **Transition: Life's Unavoidable Reality: A Guide to Successfully Navigating Change Paperback – February 6, 2016**

by [Robert Mitchell](#) (Author)

- **Switch: How to Change Things When Change Is Hard Hardcover – February 16, 2010**

by [Chip Heath](#) (Author), [Dan Heath](#) (Author)